A digital tool kit for integrating theater arts into standards-based curriculum, featuring:

- Historical Background
- Production Notes
- Artists’ Insights
- Suggested Lessons

- Student Activities
- Links to Rich Media
- Resource Directory

StageNotes Producer’s Edition
DEAR EVAN HANSEN

BOOK BY
STEVEN LEVENSON

MUSIC AND LYRICS BY
BENJ PASEK & JUSTIN PAUL

SCENIC DESIGN BY
DAVID KORINS

PROJECTION DESIGN BY
PETER NIGRINI

HAIR DESIGNER
DAVID BRIAN BROWN

MUSIC DIRECTOR
BEN COHN

ADVERTISING
SERINO COYNE

PRESS REPRESENTATIVE
DKC/O&M

CASTING BY
TARA RUBIN CASTING

LINDSAY LEVINE, C.S.A.

ASSOCIATE DIRECTOR
ADRIENNE CAMPBELL-HOLT

ASSOCIATE PRODUCERS
JAYNE HONG

RACHEL WEINSTEIN

101 PRODUCTIONS LTD.

MUSIC SUPERVISION, ORCHESTRATIONS
& ADDITIONAL ARRANGEMENTS BY
ALEX LACAMOIRE

CHOREOGRAPHY BY
DANNY MEFFORD

DIRECTED BY
MICHAEL GREIF

EXECUTIVE PRODUCERS
Wendy Orshan and Jeffrey M. Wilson

IN ASSOCIATION WITH
Arena Stage
Molly Smith, Edgar Dobie

Second Stage Theatre
Carole Rothman, Casey Reitz

AND

The Shubert Organization

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BOOK BY

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CHOREOGRAPHY BY

DIRECTED BY

Originally presented by Arena Stage – July 9, 2015 to August 23, 2015
New York premiere at Second Stage – March 26, 2016 to May 29, 2016

Original Cast Recording Available on Atlantic Records.
Dear Evan Hansen,

Today is going to be a great day, and here’s why:

Dozens of schools have booked tickets for your show. Just imagine how thrilling it will be to welcome thousands of students – their teachers and parents – to Broadway’s Music Box Theatre, and to theaters presenting the tour across the country. We know that your story will resonate with them, as it is so apropos to teenage life today, and hopefully, by sharing your story, you will inspire them to reflect upon and share their own.

We want them to make the most of their theater experience, so we’ve created this study guide to give them a glimpse into your world and how it was created, as well as to provide teachers with follow-up activities and discussion prompts for the classroom. We realize that each classroom is unique, so we hope that teachers will feel free to pick and choose the sections that are most relevant and appropriate for their students and curriculum. So as not to leave out the adults, we’ve also included a page for parents and teachers with links to articles that relate to many of the topics and themes covered in your show.

So, get ready, Evan. The students are coming with their exuberance and energy, and they eagerly await your story. It’s time to step into the sun....

Sincerely,

Me
Both deeply personal and profoundly contemporary, Dear Evan Hansen is a new American musical about life and the way we live it.
Evan Hansen (17) Smart, sincere, and crippling self-conscious, Evan prefers to hover in the background, a supporting player in his own life, too afraid to step forward into the spotlight and risk ridicule or, what might be worse, no one noticing him at all.

Heidi Hansen (40s) Evan’s mother. Overworked and stretched too thin, Heidi loves her son fiercely, but fears they have begun to grow apart. She is prepared to do anything to repair the damage.

Zoe Murphy (16) Sensitive and sophisticated, Zoe couldn’t care less about the status games and popularity rites of high school. Funny and bright, she feels a terrible ambivalence about her brother’s death, finding it difficult to forgive him for all he did, and forgive the part of herself that finds relief in the fact that he’s gone.

Connor Murphy (17) An angry, disaffected loner, Connor has been a troubled kid for as long as anyone can remember, an enigma and a source of endless consternation to his long-suffering parents and sister.

Cynthia Murphy (40s) Connor and Zoe’s mother. To Evan, she seems to be the perfect mother, nurturing, available, and willing to talk about anything. To her own children, it’s a bit more complicated.

Larry Murphy (40s) Connor and Zoe’s father. Though often tense and taciturn, Larry shows a different face to the world, representing for Evan the dad he always wished for: strong, confident, and, more than anything, reliable, someone to be counted on.

Jared Kleinman (17) Droll and sarcastic, Jared claims to be forced by his parents to hang out with family friend Evan, for whom he ostensibly has nothing but disdain. Jared covers his own obvious insecurities with a well-practiced braggadocio and a know-it-all arrogance.

Alana Beck (17) Alana is an incredibly genuine person. Everything she does comes from a place of deep honesty and tremendous feeling. All of the characters in this musical put up masks of sorts. For Alana, it’s a façade of cheerfulness. She is always ready with a smile, a note of encouragement. This hides the loneliness underneath.

CAST OF CHARACTERS
FROM THE NOTEBOOK OF BOOK WRITER STEVEN LEVENSON

ACT I
“Anybody Have a Map?” .... Heidi, Cynthia
“Waving Through a Window” .... Evan, Company
“For Forever” ................. Evan
“Sincerely, Me” ............... Connor, Evan, Jared
“Requiem.” ................. Zoe, Larry, Cynthia
“If I Could Tell Her”. ........ Evan, Zoe
“Disappear” ................. Connor, Evan, Alana, Jared, Cynthia, Larry, Zoe
“You Will Be Found” ........ Evan, Company

ACT II
“Sincerely, Me” (Reprise) .... Connor, Jared
“To Break in a Glove” ....... Larry, Evan
“Only Us” .................. Zoe, Evan
“Good for You” .............. Heidi, Alana, Jared, Evan
“You Will Be Found” ........ Company (Reprise)
“Words Fail” ............... Evan
“So Big/So Small” .......... Heidi
“Finale” .................... Company

MUSICAL NUMBERS

To listen to the Dear Evan Hansen Original Broadway Cast Recording, explore character-inspired playlists and more, visit the Dear Evan Hansen artist profile on Spotify. Have you created a show-inspired playlist of your own? Share it with us @DearEvanHansen.
THE JOURNEY TO BROADWAY

@BenSPLATT
Say what you want about it, but in my opinion, there’s nothing as exciting and awe-inspiring as a really good piece of new musical theatre.

@pasekandpaul
Cooking up something new this week

@benjpasek
Today was one of those creatively fulfilling days that can come once in a decade. Inspired & buzzing from being around such wonderful people

@LacketyLac
Planting some seeds

@DearEvanHansen
Broadway performances begin in Nov!

bensplatt
We did @dearevanhansen for 300 high school kids and it was THRILLING Y’ALL.

@pasekandpaul
At the first day of rehearsal for Dear Evan Hansen in DC! #tbt since this pic was taken... yesterday! :)

@DearEvanHansen
“This is the dream. This is what I’ve been dreaming about my whole life.”
@pasekandpaul #FirstRehearsal

@pasekandpaul
First preview for Dear Evan Hansen on Broadway is tonight! Here. We. Go. #DearEvanHansen

@DavidKorins
These 2 superstars checking in (bright & early) on load in of @dearevanhansen at #TheMusicBox.
The Notorious RBG showed up at the premiere of @arenastage's @DearEvanHansen.

The one and only @LacketyLac CRUSHING the orchestrations for #dearevanhansen at today's sitzprobe!!!

Dear Evan Hansen Will Shuttle from D.C. to Off-Broadway's Second… Just Started Trending

@washingtonian

@pasekandpaul

It's happening! @DearEvanHansen will record a cast album released on Atlantic Records!

Dear Evan Hansen

@TheaterMania

@pasekandpaul

New songs are brewing at #dearevanhansen rehearsals @2STNYC w/@rachelbayjones and @JLTsayswhat! #whoisevanhansen

The one and only @LacketyLac CRUSHING the orchestrations for #dearevanhansen at today's sitzprobe!!!

@DearEvanHansen

Congratulations to the entire #DearEvanHansen family! Now it’s time to celebrate!

@DearEvanHansen

A huge congratulations to our #DearEvanHansen family on a successful #openingnight!

@The Tony Awards

@DearEvanHansen accepts a #TonyAward2017 for Best Musical.

@DearEvanHansen

we finally get to meet out friends across the country as #DEHtour begins October on its way to more than 50 cities.
IN CONVERSATION WITH STEVEN LEVENSON

Steven Levenson is a celebrated playwright, and a 2017 Tony Award winner for writing the book for Dear Evan Hansen.

ON THE ROLE OF A BOOK WRITER
In the case of the musical, as a book writer, your job in a lot of cases is to support the score and to make sure the most important moments emotionally are happening in song. So, it's a lot of figuring out when to step out of the way, and to make sure that you've laid the ground enough — and not too much — so that those characters can make the leap into song.

ON CREATING A NEW MUSICAL
In a way, there's a great freedom about [creating an original work]. We are not beholden to any preexisting vision, but with that freedom comes a lot of anxiety — because we can do anything we want. That can be both freeing and terrifying. [As told to The Washington Times]

ON COLLABORATING WITH BENJ PASEK AND JUSTIN PAUL
I think the role of the book writer can be very different things. In this case, since there was no source material, it was really the three of us coming up with this idea together. We started with this idea of “connection” — people's desire and thirst and need for connection. My instinct was to create a story about someone who could not connect in a world that is all about connection and interconnectedness. What does it mean to have a protagonist who is somehow unable to connect? So slowly, Evan began to take shape.

It seemed like the best idea was for me to just write the story like it was a play, because we didn't have anything else to go on. So I started writing the first act. Where we had talked about possibly placing songs, I would leave space in the script. I would either have nothing or I would have a long monologue — a soliloquy, really — with a character diving into his thoughts to suggest what was happening emotionally. That's how it all started, with this first draft.

From there, Benj and Justin started writing songs, but there was a lot of back and forth and rewriting. It was an endless dialogue — two steps forward and one step back — because you are building this thing together. It's a little bit chicken and the egg. You have to be constantly making it and remaking it to accommodate one another — always in service to the story.

ON WRITING PLAYS VERSUS MUSICALS
It's so different in so many ways. The big obvious difference is that it's collaborative from the start — and that your vision is not the only vision. It's about finding a shared vision with your collaborators. You want to be a little bit hidden in the background at times — you want the music to be the star and the music to do the heavy lifting. So it's a lot of cutting the things you love the most, and allowing the ideas that you have or the dialogue that you've written to become a song. It's actually really amazing, though, because it feels like something that you just had in your head becomes three dimensional in a way that you could never imagine.

ON SOCIAL MEDIA AS A CHARACTER IN THE SHOW
We knew we wanted to tell a contemporary story that's set today, and we knew that we had to somehow talk about social media. I compare it to Bye Bye Birdie, when they're using the telephones in “The Telephone Hour.” It's like they're not using the telephones to talk about telephones, they're using them because that's how their world functions. And if we tried to tell our story today without cell phones and social media, there would be a real inauthenticity about the show. And at the same time we wanted to be sure we're using social media as a storytelling device and we were never interested in exploring social media as a theme or as an idea. We always wanted to make sure it was grounded in the story and part of the grammar of the show. [As told to Broadway Direct]

ON CREATING TWO VERY DIFFERENT FAMILIES FOR DEAR EVAN HANSEN
Both families really came into focus as the story itself took shape. Larry and Cynthia Murphy, we knew, had to represent everything that Evan's own splintered family wasn't. His fantasy of what two stable and emotionally available parents might look like. As with all fantasies, Evan's rose-colored vision of the Murphys turns out to have a tenuous relationship to the reality underneath, but that discovery will only come later for him. In contrast to this ostensibly perfect family, Evan's mother, Heidi Hansen, strives to be what her son needs her to be, but everything she does seems only to push him further away. The most important thing for us, in creating these characters, was to present them honestly and without judgment: three parents striving in their own flawed and imperfect way to do what's best for their children.

Original Source Material:


STEVEN LEVENSON (Book) Author of The Unavoidable Disappearance of Tom Durnin (Roundabout Theatre Company, Outer Critics Circle Award), Core Values (Ars Nova, Drama Desk nomination), Seven Minutes in Heaven (Colt Coeur), The Language of Trees (Roundabout), and the book for Dear Evan Hansen (Second Stage; Obie, Outer Critics Circle Awards for Best Musical and Best Book of a Musical; Arena Stage, Helen Hayes Award). His plays are published by Dramatists Play Service and Playscripts. A graduate of Brown University and former artist in residence at Ars Nova, he is a founding member of Colt Coeur and an alumnus of MCC’s Playwrights Coalition.
IN CONVERSATION WITH

STEVEN LEVENSON

This Tony Award-winning pair have worked together as a dynamic musical duo since their college days—a partnership that has taken them to Broadway, Hollywood, and beyond. At the same time that they were developing *Dear Evan Hansen*, Pasek and Paul were also writing lyrics for the award-winning film *La La Land*, which earned them a Golden Globe® and Academy Award® for Best Original Song.

Here, the two talk about how their collaboration began and how they brought their original musical to life.

How did you become a composing team?

**BP:** We both went to the University of Michigan for musical theater. We went there to be actors. For a lot of people who love the theater, when you’re young, acting is your way in. But halfway through school we realized maybe we’re not cut out to be performers. After many failed attempts to get good roles in our school shows, we saw the writing on the wall and thought, “Why don’t we write our own show, and see what we can make of that?” [As told to *Metro Weekly*]

**JP:** We just started doing it for fun. We were freshmen in college when we began tinkering. It was fun to develop songs thinking from characters’ perspectives. We decided to string some of these songs together and make a song cycle our sophomore year. People were receptive. I think before we even knew what was happening we had begun a collaboration. [As told to *Metro Weekly*]

What role did music play in your childhood?

**JP:** I grew up in a pretty musical household. Neither of my parents are professional musicians, but they’re very, very musical. My dad and my mom would sit down and play the piano. I grew up playing a lot of music in church, and singing with my parents. I started taking piano lessons when I was 7. So they were always very encouraging and they knew that I had a love for it and a knack for it. [As told to *Metro Weekly*]

**BP:** My mom created a bunch of kids’ albums where she would document whatever we were doing growing up and she would turn those moments into songs. She had a children’s music group in our local area of Philadelphia. So I grew up just witnessing my mom, who’s a psychologist—not a professional musician—turning life moments into song. That’s essentially what we do every day, when we try to create theater. Watching her interpret things that were happening in the world, or in my world as a kid, and setting them to music—I think that really sparked an interest in writing and creating and interpreting life moments into song lyrics. [As told to *Metro Weekly*]

Facebook and YouTube were instrumental in circulating your early music. Can you elaborate on the role the Internet played in launching your career?

**JP:** For us, in terms of songwriting, having our stuff out online was a huge way to be able to connect with people, and musical theater fans all over the country and all over the world, in a way that couldn’t have happened 20 years ago. People knew our songs and knew our music before we ever had a show in New York City.

**BP:** In terms of our careers, I think we were in the right place at the right time, and started writing songs at the right time. We were in college in 2005 and that was a year after Facebook began. And the year that YouTube began. And I think that really changed the way that people had access to new material.

**BP:** Before that, shows needed to exist in New York—you needed at least an Off-Off-Broadway production to spread the word. What was so revolutionary about Facebook and YouTube was this democratization of who could have access to putting stuff online, and being able to see it right away. So, you could be in Iowa or Singapore and you could see your content immediately without having to go to New York. And as
Tell us a bit about how the idea for Dear Evan Hansen originated. I understand that it was born out of your own high school experience.

BP: There was a student who was sort of anonymous. He died of a drug overdose, and it was sort of unclear whether it was intentional or not. After he passed away the student body became very, very close to him. Everybody sort of claimed him as their best friend after he died, and began to write their college essays about him, and began to talk about how amazing he was and how important he was in their lives. [As told to Metro Weekly]

When Justin and I met in college, and we began to write musicals, this moment from my high school days continued to be fascinating. We talked about exploring it in a musical. Since then, we’ve brought up a lot of other themes that we wanted to talk about — there’s sort of a need to connect, the need to be part of a community, the need to be a part of something larger than yourself, especially in the digital, isolated age that we now find ourselves in. We began to explore how we could take those themes and turn them into a musical. And that’s when the amazing Steven Levenson came into the picture and helped us to churn our ideas into an actual plot. [As told to Metro Weekly]

JP: We noticed certain things about our culture … some things that were fascinating about the modern response to tragedy and loss. We became very interested in the world’s response to loss. And how people grieve and also communicate in the era of social media.

JP: It made us think about our desire to connect, and our desire to be a part of something larger than ourselves. Despite our great connectedness through Facebook and Twitter and all of these social media platforms, despite being as connected as we’ve ever been as a society …

BP: We’re more isolated than ever. All of us, teenagers and adults alike.

JP: And so we wanted to use that as the backdrop of our story, but we’re telling it through the specific story of a family. This family is looking for that kind of connection, and in losing someone they love, they try to fill that void.

Can you talk a bit about the character of Evan Hansen? He is a risky, unusual protagonist.

JP: It’s definitely an unusual one in that he’s riddled with issues and anxieties, and with lots of self-esteem issues and a lot of other things. But I think that’s what makes him very accessible and identifiable and relatable. Hopefully everyone can go and see the show and see a little bit of Evan in themselves, and feel like they can connect with him, or at least connect with the situations that he finds himself in — he doesn’t know the right thing to say to people, or how to fit into a conversation, or how to be himself and not try to create or embellish a story about himself that is better than what he thinks his real life is. It’s a different sort of character and maybe not your typical musical theater leading man, but that’s definitely what we were hoping to write — a contemporary and relevant and accessible character. [As told to Metro Weekly]

BP: Traditionally, in Musical Theater 101, you learn to try to write a protagonist who people like and root for on their journey. In Dear Evan Hansen, we have a protagonist who does things that are really morally questionable. It’s our jobs as writers to try to get the audience to identify with him and to support why he does what he does. We wanted to try to create a character who was more complex — and more nuanced — than maybe more traditional musical theater characters. We’ll let critics and audiences be the judge of whether or not we have succeeded or failed. [As told to Metro Weekly]

Original Source Material:

BENJ PASEK AND JUSTIN PAUL (Music and Lyrics) are the Tony, Oscar and Golden Globe-winning songwriting team behind Dear Evan Hansen. Other Broadway: A Christmas Story, The Musical (Tony, Drama Desk, Outer Critics Circle nominations). Off-Broadway: Dear Evan Hansen (Second Stage; Obie Award, Drama Desk Award, Outer Critics Circle Award); Dogfight (Second Stage; Lucille Lortel Award and Drama League, Outer Critics Circle, London Evening Standard Award nominations). Regional: James and the Giant Peach (Seattle Children’s Theatre) and Edges (Capital Repertory Theatre). Film: The Greatest Showman, La La Land, Trolls, Snow White. Television: “Smash,” “The Flash.” Additional honors: Richard Rodgers Award for Musical Theatre (American Academy of Arts and Letters), ASCAP Richard Rodgers New Horizons Award, Jonathan Larson Award. Both are graduates of the University of Michigan Musical Theatre Program and members of the Dramatists Guild of America, Inc.

Watch Benj Pasek and Justin Paul’s TEDxBroadway discussing art, artists, and the age of YouTube composers, from April 20, 2015.
Q: Dear Evan Hansen marks the eighth original musical you have directed, including your award-winning productions of Rent, Next to Normal, and Grey Gardens. Can you talk a bit about the process of developing a new musical? What drew you to this project in particular?

A: What drew me to the piece initially was the opportunity to work with these collaborators, who I thought were exciting, and young, and very interesting theater makers. And then, when I first heard about what the piece was, I was very drawn to the complicated and emotional lives of the characters. I really thought that Benj, Justin, and Steven were creating a piece where the characters … had very good reasons to express themselves through song and music. In such a heightened emotional arena it … the stakes are so high that it feels like the characters are singing for their lives. [As told to Playbill.com]

Q: How would you describe the story of Evan Hansen?

A: It’s a really truthful, smart, and sophisticated story about how 17-year-olds live in the world today … and about how parents relate to their children and how kids relate to their parents…. [It’s] about a lonely kid, and how a family in crisis, a grieving family, in many ways adopts this lonely kid. And this kid finds a lot of love and a lot of support from this family, but also always knows that in many ways he doesn’t deserve their love and support. At the same time the family is dealing with an extraordinary loss. And … they really make this kid a part of their family because they need this kid to be a part of their family. It fulfills an enormous need that they’re suffering from — to have a surrogate son. [As told to Playbill.com]

Q: What message would you like for people to take away from Dear Evan Hansen?

A: That everybody deserves a chance. And everybody deserves a second chance.

Original Source Material:

MICHAEL GREIF (Director) Broadway credits: Rent, Grey Gardens, Next to Normal, (Tony noms.); Never Gonna Dance; If/Then, War Paint. Recent work includes A Parallelogram (Second Stage), Our Lady of Kibeho and Angels in America (NY’s Signature Theatre); The Intelligent Homosexual’s Guide… (Public); and The Tempest, A Winter’s Tale and Romeo and Juliet at The Public’s Delacorte Theater. Off-Broadway, he’s received Obie Awards for Machinal, Dogeaters (Public) and Rent (NYTW), and has directed new plays and musicals at Playwrights Horizons, Roundabout, MTC, MCC, New York Theatre Workshop and at Second Stage, where he directed Next to Normal and Dear Evan Hansen. Regional work includes premieres and revivals at Williamstown Theatre Festival (ten seasons), La Jolla Playhouse (AD, five seasons), Arena Stage, Center Stage, Mark Taper Forum, Dallas Theater Center, Trinity Repertory Company. Greif holds a BS from Northwestern University and an MFA from the University of California, San Diego.

ON MOVEMENT FROM DANNY MEFFORD

My ideology is that everything that happens on stage should flow from the story. If you are thinking about the why they are dancing rather than just enjoying the moment, I haven’t done my job correctly. It should seem the actors have no choice but to dance. —Danny Mefford

DANNY MEFFORD (Choreographer) Broadway: Fun Home, Bloody Bloody Andrew Jackson, The Bridges of Madison County. Other New York: Love’s Labour’s Lost, The Good Person of Szechwan, Much Ado About Nothing, Pump Boys and Dinettes for City Center Encores!, Melancholy Play, Dance Dance Revolution. Other: The Sound of Music (U.S. tour), Miss You Like Hell (La Jolla Playhouse). Directing: Becoming Liv Ullmann (NY Fringe), Wasted (Ars Nova), The Maids. Drama Desk, and Lortel and Astaire Award nominee for choreography. MFA from Brown University, BS from the University of Evansville.
**Q:** What exactly is the role of the musical supervisor and how do you work with the composers to deliver the musical elements of the show?

**A:** The actual job of the music supervisor is to oversee all of the music in the show. I teach music to the actors. I work as a liaison between the composer and the actors so if the composer wants to have a phrase sung a certain way or a song to be interpreted in a certain way, he will tell me and I will tell the actors and/or the music director. All musicals need a music director, but not all shows have a music supervisor. A music director, in our case, is the person who is actually conducting eight shows a week, playing piano, leading the band. As music supervisor, I have global supervision without having to be at the theatre for every performance.

As music supervisor I also work with the band to give them notes about how I think the music should be interpreted. I also work with the sound designer and give him notes about balance — “For this song I need the acoustic guitar to be softer, and for this other song I would love for you to play with the amount of reverb you have on the singer’s voice.” I also work with the director of the show, Michael Greif. He will give me notes about certain things that he sees, like if he thinks that something isn’t sounding clear or if there’s an issue of musical timing. It’s my job to actually figure out how to help music time out with the lights and time out with the scene so that it feels right and organic and it is to the director’s wishes.

So it’s a lot of servicing. I cater to the director. I cater to the composer. I try to make the actors feel comfortable. And that is what I do just as a music supervisor without even discussing the fact that I’m also the orchestrator!

**Q:** Tell us about your role as orchestrator.

**A:** The job of an orchestrator is to actually write down what every individual instrument in the orchestra plays.

As an orchestrator, it was my job to decide what I thought was the best number of musicians to have in the band for *Dear Evan Hansen*, which has eight players. And then it was my job to actually write out what we call “charts” — the sheet music for the band. So, for example, if I want the strings to play a chord, I have to sit down and figure out, “OK, the violin plays this note, the cello plays that note, and the viola plays this note, and the three of them together make this chord.” I make decisions about what instruments play at any given time, because you don’t want to have all eight instruments playing every second of the show — you need to use different colors at different moments. For example: The guitarist doesn’t play just one type of guitar; he has an electric guitar and a steel-string guitar. It’s my job to decide which of those instruments he plays in any moment based on what I think sounds best for that song. I could have also asked for other guitars, like a mandolin or a nylon-string acoustic, but I didn’t think those were the right flavors to have in the score. Same thing for the bass player: He has an electric bass and an acoustic bass and I have to decide which of those two he’s going to use for which song, and when he’s playing the acoustic bass I decide if he should use the bow to play it or does he use his fingers to pluck it. I have to make those decisions and actually write that down for every bar of music in the show.

**Q:** That’s incredible, when the composers give it to you, it might only be the piano part.

**A:** That’s exactly right. A composer might hear in his head what he wants, but he might not have the technique or the vocabulary to make it happen. So I’m a translator in that respect.

**Q:** You have experienced hearing loss since you were a child. How has this impairment affected your music and the work you do as musical supervisor?

**A:** My hearing loss probably makes me listen a little harder, makes me listen a little more closely to music. It’s hard for me to hear someone when they are talking from far away, so because of that it allows me to live in my own bubble. I think that actually developed a lot of focus for me, because I can really zero in on music and just tune out the world and everything around me. Maybe because of the fact that I have to work to listen, it makes me really get into finer details of music that by now are very second nature to me. I often wonder, Is my handicap actually an asset? [As told to the *Miami Herald*]


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**Alex Lacamoire** *(Music Supervisor/Orchestrator)* is a three-time Tony and two-time Grammy winner for his work on *Dear Evan Hansen*, *Hamilton* and *In the Heights*. As music director, arranger and/or orchestrator: *Annie* (2011 B’way revival), *Bring It On, The People in the Picture*, 9 to 5 (Drama Desk and Grammy noms.), *Legally Blonde, High Fidelity, Wicked, Bat Boy, Godspell* (2001 national tour). He is an Emmy-nominated composer for “Sesame Street.”
“Every design process has many steps — there is research involved, and ground plans, renderings, and models — but what was unique about the Dear Evan Hansen process was that I had an immediate visceral, emotional response to what I was seeing and hearing. I was trying to maintain this idea of people floating through a void, on tectonic plates of life with their own internal monologues and their own emotional space, while at the same time trying to connect to each other and the world around them.”

—David Korins

Q: Can you talk a bit about the role of projections in the show?

A: From the beginning of my involvement, which was shortly after the script and score were solidified and really before there was an idea of what the whole physical production would become, the basic question revolved around the fact that so much of this story is about the way our characters interact with an online community, with social media, with people who maybe are not communicating face to face, but rather via Facebook and Snapchat and various social media platforms. So Michael Greif asked me, “How do we put that community on stage and how do we represent them theatrically?” That was the challenge — how to breathe life into this online world, which is often very difficult to portray onstage, and how to do that theatrically. That was the most important part. How do we both show those interactions but keep them poetic and lyrical? The same way that emotion is lifted by song, we needed to take what are often rather mundane interactions, like looking at our Facebook feed on our cell phones, and make that into something theatrical.

Q: What is your process for building the projections?

A: The design process really started with coming up with a visual style and visual metaphor for how we wanted to present this information. So, long before we ever knew what David Korins was going to design for the set, there was this question of coming up with the style, coming up with a language for how image would be used and how it would move. So that’s very abstract. That’s about looking at art and other images and resources and trying to capture the feeling of the show. After that’s done, it’s then about how we implement that style. A major part of the design comes from social media and using fragments of images that are part of social media. In a way, all of the images in the production are also drawn from that. So even in the situations where what we’re trying to do is ultimately set a scene, like in the Murphys’ living room, the way we are manifesting that onstage is by actually using fragments of images you might believe are snapshots that someone took of the Murphys’ Thanksgiving dinner, for example. Then from that we’re taking tiny little fragments of those photographs and piecing together almost a memory what the Murphys’ living room might have been. So what that means is that the entire design is constructed out of tiny, tiny, little fragments of images that we’ve gathered from anywhere and everywhere so that the design is made up of over 1,000 images, and each of those is carefully processed and stitched together into this sort of collage that is the overall look of the show.
“Footwear or something like that, especially for guys, it tells a lot about someone: where they shop, what they want to project, what clique they’re in. Especially with teenagers, there’s so much about image and what you’re putting forward.”

— Emily Rebholz

Emily Rebholz's creative concept for the Dear Evan Hansen costumes.

EMILY REBHOLZ (Costume Design) Broadway: Indecent, Oh, Hello; If/Then; Vanya and Sonia and Masha and Spike; Bloody Bloody Andrew Jackson. Select Off-Broadway: Indecent (Vineyard Theatre); All the Ways to Say I Love You (MCC); Dear Evan Hansen, The Way We Get By (Second Stage); The Robber Bridegroom (Henry Hewes Design Award nomination, Roundabout); The Tempest (Shakespeare in the Park). Recent designs include Don Giovanni (Santa Fe Opera), La Bohème (Opera Theatre of St. Louis), Another Word for Beauty (Goodman Theater) and Disney’s Freaky Friday (Signature Theatre). MFA, Yale University.
Q: How much do you identify with the character of Evan Hansen?
A: I can certainly relate to the feeling of wanting to be part of something and to be sort of accepted. I think everybody kind of has that in them. I would consider myself a little bit more socially sufficient in terms of my ability to speak to people. I had to base his social awkwardness more on people I’ve encountered in my life, the way that I may feel in certain situations, and how I might manifest my anxiety were I not better at keeping it squelched, because I do have my fair share of anxiety. I come from a big Jewish family and we all have our neuroses and our anxieties. And I’ve definitely had experiences in the past having to deal with that in terms of therapy and that sort of thing. [As told to Metro Weekly]

Q: Is playing this emotionally charged role exhausting?
A: Yes, it’s certainly draining. And I do have to give all of myself during those two hours. But it’s really a joy to feel like you’re using everything at your disposal and all the tools in your box. I’ve had a lot of experience in the preceding years playing characters who are very marginalized and specific. Of course, I’ve loved all the projects that I’ve been able to work on, but in doing them for so long it can get exhausting because you’re using the same facilities over and over again. Whereas with Evan, while it may be draining night to night, it’s just incredibly fulfilling. I can experience the full range of emotions, use all the parts of my voice, use my whole body, and live a whole story. [As told to Metro Weekly]

Q: Evan is not your typical protagonist. He makes some ethically questionable choices, and yet you manage to somehow keep us on his side.
A: That was definitely the danger and the fear of the creative team. He makes a lot of morally ambiguous choices, and this is the hero of the story. And he’s not always doing necessarily what’s right. I think the reason it’s so successful is because they make sure that you are fully aware of what Evan is thinking at all times and what his intentions are in every moment. I feel like if there was ever a moment where you feel like you couldn’t really see inside him, you may not necessarily stay with him or stay on his side. So the fact that it’s written so fully from Evan’s perspective, and that you really feel like you know this kid, helps you to stay with him. [As told to Metro Weekly]

Q: In Dear Evan Hansen, something goes “viral” that shouldn’t have necessarily gone viral. Do you ever worry about what you put out on social media?
A: It’s always scary, especially with all the Pitch Perfect stuff. I keep gaining followers, and it’s becoming a bigger thing. When I first started on Twitter, I was in high school, and it was just my Twitter. I would say funny things and talk to my friends, and now it’s this big platform where I need to say politically correct things and promote things. It’s scary because anything you post on there or on Instagram is in the world forever. You can never take it back, so you have to be really careful, and you have to take things in stride and not take comments and criticisms too seriously. Just be confident in what you want to share. [As told to TCG American Theatre Magazine]


BEN PLATT (Evan Hansen) won the 2017 Tony Award for Best Leading Actor in a Musical and the Drama League’s Distinguished Performance Award for his portrayal of Evan Hansen after creating the role at Arena Stage in Washington, D.C. and Off-Broadway at Second Stage Theatre (Lucille Lortel Award, Obie Award, Clarence Derwent Award, Outer Critics Circle and Drama League nominations). Platt was the original Elder Cunningham in the Chicago production of The Book of Mormon and reprised the role on Broadway. National tours: Caroline, or Change (dir. George C. Wolfe), Regional credits include The Black Suits (Barrington Stage Company), The Power of Duff (New York Stage and Film), Dead End (dir. Nicholas Martin, Ahmanson Theatre), Concerts: I’m Here (solo show, 54 Below sold out engagement), The Secret Garden (25th anniversary). Film: Benji Applebaum in Universal Pictures’ smash hits Pitch Perfect and Pitch Perfect 2, Ricki and the Flash (dir. Jonathan Demme, starring Meryl Streep), Billy Lynn’s Long Halftime Walk (dir. Ang Lee). Upcoming: Drunk Parents, The Female Brain.
Every protagonist makes choices that inform his or her journey — and sometimes the journey of others. Some are proactive choices, others reactive. Some are carefully considered, others impulsive. Some are clear cut, but more often than not, debatable.

**DISCUSS:**
Discuss Evan’s choices throughout the musical and in particular his decision to lie to the Murphy family about having known Connor. How does the lie begin? How does it change? What is Evan’s motivation? How does his choice impact the Murphys? Evan’s mom? His fellow students? What are the outcomes — both positive and negative? What do you think of Evan’s choice?

**WRITE:**
**Persuasive Essay:** Is it ever OK to tell a lie?

From a young age, children are taught the negative implications of lying, but as we grow, sometimes our perspectives shift. We learn that the morality of lying is not always black and white and that perhaps there might be times when it is acceptable — maybe even appropriate — to lie.

Drawing from scenarios in your own life, historical events, or Evan’s experience, take a position and make your case. Consider every angle. What might be the benefits and the ramifications? Consider short- and long-term implications.

**Perspective:** Look at it from the other side.

How does it feel to be on the receiving end of a lie? How might each member of the Murphy family feel about what Evan has done? And how about Evan’s mom and the added lies he has told her?

Choose a supporting character from the musical. Write a journal entry (or song, if you are feeling ambitious!) in his/her voice, conveying his/her emotions once Evan has revealed the truth.

The original Broadway company of *Dear Evan Hansen*. 
CONSIDER MUSIC

In Dear Evan Hansen, Evan — with the help of his friend Jared — “reinvents” Connor through a series of fictitious emails detailing their “friendship.” Through this imagined friendship, Evan also begins to reinvent himself. Together in “Sincerely Me” they sing:

“CAUSE ALL THAT IT TAKES IS A LITTLE REINVENTION
IT’S EASY TO CHANGE IF YOU GIVE IT YOUR ATTENTION
ALL YOU GOTTA DO
IS JUST BELIEVE YOU CAN BE WHO YOU WANNA BE
SINCERELY, ME”

DISCUSS:
Do you think it is possible to “reinvent” yourself — either how you perceive yourself or how others perceive you? How can believing in yourself help to shape your personal narrative?
The Digital Effect

Social Media: Catalyst and Accelerator
It happens every day in our modern world. We post a photo, a video, or a “newsworthy” event to Facebook, Instagram or Twitter and within seconds the “likes” come pouring in, followed by dozens of comments and countless re-tweets and shares. Within minutes these numbers can multiply and within hours they can explode. Before we know it, that story is trending.

The speed at which information can spread over the Internet is undeniable.

Write: Write an essay discussing the positive and negative implications of this catalytic impact. How can social media be used to control the flow of information/mobilize events/shape perceptions and alternatively how can it spin out of control — taking on a life of its own? Draw from examples in Dear Evan Hansen, your daily life, and the world at large.

Your online self: Is it the real you?
Some might say that social media sites offer them a place to share more of themselves than they might feel comfortable sharing in real life (IRL). Others might feel pressure to curate the most perfect version of themselves since it’s so publicly on display.

Discuss: How do you feel? Is the persona you project through social media the real you? Why or why not? Do you behave differently on different forms of social media? Snapchat, Twitter, Instagram — and how about on your Finsta account?

A Message From Aliza Weinberger, Audience Development Assistant at Mashable

There’s a moment near the beginning of Dear Evan Hansen when Alana reprises a few lines of “Waving Through a Window,” tapping on the screen of her phone. The first time I saw the show, I immediately fell in love with that song. But seeing Alana’s moment hit me hard.

I’ve often been that person staring into my phone or my laptop screen, wondering if anyone is listening and convinced no one is. That’s why I, like so many others, obsess over the number of likes I get on any given post. That social media engagement validation is quantifiable, immediate, and compelling.

It’s even harder to ignore since getting online engagement is now my job. I’m a digital content marketer, a job that didn’t exist when I was in high school, and I’ve been trained to know all the ways to get as many likes online as possible. Because of that, I know how arbitrary those likes can be. And just like Evan’s viral speech, what goes online is rarely the full story.

The Internet is a complex place. Terrible things can happen there, like bullying, no privacy, and miscommunication. You can waste so much time scrolling through other people’s Instagram photos or swiping through Snapchat stories and imagining their lives are better than yours. But the Internet is also pretty amazing. I wouldn’t work with it otherwise. You can connect with people around the world, finding new friends you’d never have met. You can learn almost anything, and you can never really be bored. It can be a real force for good, when channeled the right way. The fans who contributed to #YouWillBeFound are proof of that.

Spending my work days glued to my screens has made me take a hard look at how social media impacts my life, the good and the bad. People talk about not wanting to bring their work home, but I always seem to have my personal accounts open when I’m out with friends or see something Snapchat-worthy while out and about. Unplugging is hard, but it’s a good idea. Taking the time to breathe and reevaluate, to remember what you love about your social media and what you want to come back to, is a great idea. Evan would take a break to hang around some trees, whereas I prefer taking walks around New York or reading a book. No matter what you do, screen-free time doesn’t need to be a punishment or a chore.

The Internet, and social media, is a tool; it’s not good or bad. But what you do there can be either. It helps to take a step back and see. Stop waving through that window and stop to decide if you really wanted that view in the first place.

Ben Platt with Jennifer Laura Thompson and Michael Park as Mrs. and Mr. Murphy (Original Broadway Cast)

For Common Core State Standards see page 33.
WHAT ROLE DO THE SONGS PLAY IN A MUSICAL?

Songs have a dramatic function that are an integral part of the storytelling. They help to develop character and/or move the action of the plot forward.

In musicals, it is a general rule that characters break into song when the emotional stakes have become so high that ordinary speech fails them. Through their songs, the characters can reveal their innermost thoughts, fears, hopes, and dreams, grapple with difficult decisions, and come to important realizations about themselves.

MUSICAL THEATER LYRICS USE MANY POETIC DEVISES, INCLUDING RHYTHM, RHYME, REpetITION, FIGURATIVE LANGUAGE, SYMBOLISM, AND METAPHOR.

LYRIC ANALYSIS

WRITE: Read the lyrics of “Waving Through a Window.” Write an essay exploring how Pasek and Paul use figurative language to reinforce the isolation and insecurity that Evan feels at the beginning of the musical.

WAVING THROUGH A WINDOW

I’VE LEARNED TO SLAM ON THE BRAKE
BEFORE I EVEN TURN THE KEY
BEFORE I MAKE THE MISTAKE
BEFORE I LEAD WITH THE WORST OF ME

GIVE THEM NO REASON TO STARE
NO SLIPPIN’ UP IF YOU SLIP AWAY
SO I GO NOTHIN’ TO SHARE
NO, I GOT NOTHIN’ TO SAY

STEP OUT, STEP OUTTA THE SUN
IF YOU KEEP GETTIN’ BURNED
STEP OUT, STEP OUTTA THE SUN
BECAUSE YOU’VE LEARNED, BECAUSE YOU’VE LEARNED

ON THE OUTSIDE ALWAYS LOOKIN’ IN
WILL I EVER BE MORE THAN I’VE ALWAYS BEEN?
‘CAUSE I’M TAP-TAP-TAPPIN’ ON THE GLASS
WAVING THROUGH A WINDOW

I TRY TO SPEAK BUT NOBODY CAN HEAR
SO I WAIT AROUND FOR AN ANSWER TO APPEAR
WHILE I’M WATCH-WATCH-WATCHIN’ PEOPLE PASS
WAVING THROUGH A WINDOW
OH
CAN ANYBODY SEE?
IS ANYBODY WAVING...?

WHEN YOU’RE FALLIN’ IN A FOREST
AND THERE’S NOBODY AROUND
DO YOU EVER REALLY CRASH
OR EVEN MAKE A SOUND? (4X)

DID I EVEN MAKE A SOUND?
DID I EVEN MAKE A SOUND?
IT’S LIKE I NEVER MADE A SOUND
WILL I EVER MAKE A SOUND?

ON THE OUTSIDE ALWAYS LOOKIN’ IN
WILL I EVER BE MORE THAN I’VE ALWAYS BEEN?
‘CAUSE I’M TAP-TAP-TAPPIN’ ON THE GLASS
WAVING THROUGH A WINDOW

I TRY TO SPEAK BUT NOBODY CAN HEAR
SO I WAIT AROUND FOR AN ANSWER TO APPEAR
WHILE I’M WATCH-WATCH-WATCHIN’ PEOPLE PASS
WAVING THROUGH A WINDOW
OH
CAN ANYBODY SEE?
IS ANYBODY WAVING BACK AT ME?

WE START WITH STARS IN OUR EYES
WE START BELIEVIN’ THAT WE BELONG
BUT EV’RY SUN DOESN’T RISE
AND NO ONE TELLS YOU WHERE YOU WENT WRONG

STEP OUT, STEP OUTTA THE SUN
IF YOU KEEP GETTIN’ BURNED
STEP OUT, STEP OUTTA THE SUN
BECAUSE YOU’VE LEARNED, BECAUSE YOU’VE LEARNED

IS ANYBODY WAVING
WAVING
WAVING
OH
OH
You Will Be Found (First stanza and chorus)

Have you ever felt like nobody was there?
Have you ever felt forgotten in the middle of nowhere?
Have you ever felt like you could disappear?
Like you could fall, and no one would hear

So maybe let that feeling wash away
Maybe there’s a reason to believe you’ll be ok
’Cause when you don’t feel strong enough to stand
You can reach, reach out your hand

Oh, someone will come runnin’
And I know they’ll take you home

Even when the dark comes crashin’ through
When you need a friend to carry you
And when you’re broken on the ground
You will be found

So let the sun come streamin’ in
’Cause you’ll reach up and you’ll rise again
Lift your head and look around
You will be found

You will be found
You will be found
You will be found
You will be found
You will be found

WRITE: Examine the first stanza/chorus of “You Will Be Found,” the finale to Act 1, and compare the lyrics to those in “Waving Through a Window.” Has Evan changed? If so, how? How do Pasek and Paul use the continuity of metaphors and symbolism to show Evan’s emotional journey throughout the first act of the musical? Consider the audiences of each song — to whom is Evan singing?
honesty
1. a : fairness and straightforwardness of conduct 
b : adherence to the facts : sincerity

Review the final conversation between Evan and Connor at the end of the second act.

DISCUSS:
What dramatic conceit does book writer Steven Levenson use to present this conflict? What does this conversation reveal to us?

Scene begins
Evan, alone.

EVAN
I’m not doing this. I’m done.

CONNOR
You can’t just stop now.

And Connor is there.

EVAN
I don’t think I can live with this anymore.

CONNOR
What about my parents?

EVAN
No more emails.

CONNOR
How can you do this to them?

EVAN
No more Connor Project. No more orchard.

CONNOR
After everything they’ve done for you? They need you.

EVAN
Need me for what? To keep lying to them?

CONNOR
That lie is the only thing that’s keeping them together.

EVAN
That’s not true.

CONNOR
Oh really? They seemed like a pretty happy family when you met them?

EVAN
I don’t want to lie anymore.

CONNOR
And what about Zoe?

EVAN
Zoe said, she just … she wants me.

CONNOR
Right.

EVAN
She likes me for who I am.

CONNOR
Except you didn’t happen to mention that everything you’ve told her, it’s all been one big fucking lie, did you?

Evan says nothing.

Oh. You left that part out.

EVAN
So then, what if … what if I did tell her the truth?

CONNOR
She’ll hate you.

EVAN
Maybe she would understand. Maybe everyone would understand.

CONNOR
Everyone will hate you.
EVAN
Not if I can just, if I can explain it, you know?

CONNOR
You’ll go right back to where you started. No friends.

EVAN
I want to be done/ with this.

CONNOR

EVAN
I’m ready to be done with it.

CONNOR
If you really believe that, then why are you standing here, talking to yourself? Again?

Beat.

CONNOR (cont’d)
You think you’re going to turn around all of a sudden and start telling everyone the truth?
You can’t even tell yourself the truth.

EVAN
What are you talking about?

CONNOR
How did you break your arm?

A pall comes over Evan.

How did you break your arm, Evan?

EVAN
I fell.

CONNOR
Really? Is that what happened?

EVAN (less and less confident)
I was, I lost my grip and I … I fell.

CONNOR
Did you fall? Or did you let go?

Beat. MUSIC IN.

You can get rid of me whenever you want. You can get rid of all of it. The Connor Project. The orchard. But then all that you’re going to be left with is … you.

For Forever (Reprise)

CONNOR
END OF MAY OR EARLY JUNE
THIS PICTURE PERFECT AFTERNOON WE SHARE.
DRIVE THE WINDING COUNTRY ROAD
GRAB A SCOOP AT “A LA MODE”
AND THEN WE’RE THERE …

CONNOR
Think about it.

Evan stands there for a moment, lost. He makes a decision.
Lights shift and Evan and Alana are in their bedrooms, online.
Connor is gone.

For Common Core State Standards see page 33.
TAKE ACTION

In *Dear Evan Hansen*, Evan, Alana and Jared become activists, developing a campaign to raise awareness about suicide and promote suicide prevention within their school and community. Some of the actions they take include:

- Creating and displaying awareness posters at school
- Selling awareness-raising buttons
- Developing a social media campaign
- Speaking at a student assembly
- Launching a Kickstarter fundraising campaign

**DISCUSS:** Together as a class, discuss some of the ways in which they take action. Now discuss what causes are important to you. Do you unite behind a single cause or are there many individual interests? What are some of the actions you can take to be a changemaker around an issue that is important to you?

**CREATE:** Think specifically about an issue that is important to you and develop a plan of action. What campaign would you propose to raise awareness? How might you volunteer your time? What might you be able do on a personal one-to-one level? How will you engage other friends and members of your community?

MAKING ART ABOUT ART

Artists take inspiration from all of their life experiences, including other art forms.

*Dear Evan Hansen* has inspired a tremendous outpouring of fan art, some of which was featured in our music video for “Waving Through a Window” (visit *Dear Evan Hansen*’s official YouTube channel to watch the video).

**CREATE:** How do the music, story, and emotions of *Dear Evan Hansen* inspire you artistically? Using any medium you like, create a piece of art that captures the most memorable moment of the play for you. Will you draw, paint, sculpt, make a collage or a film, write a song…?

We hope you will share your creations with us! If you feel so inspired, please tag us @dearevanhansen #dearevanhansen

See more at dearevanhansenofficial.tumblr.com
KATHERINE BARNA, FORMER HEAD OF COMMUNICATIONS AT TUMBLR (NOW VP OF COMMUNICATIONS AT AWESOMENESS), ON THE SYNERGY BETWEEN HER WORK AND DEAR EVAN HANSEN

Q: How did you first become aware of Dear Evan Hansen?

A: I first became aware of Dear Evan Hansen when it was playing Off-Broadway. I love the theater. I studied theater performance in college, so I try to stay in the loop of what's on stage. At that time, I was working on Post It Forward, which is a program I had developed and launched at Tumblr that touches on a few of the themes in Dear Evan Hansen. It just so happens that the PR agency I was working with was also working on Dear Evan Hansen. They said, “This show and Post It Forward are spiritual soul mates. You have to see it.” So I went to see it and was completely wowed and amazed by how beautiful it was and how much it resonated with me personally because of its themes, which are important to me in both my life and my work.

That same PR agency was kind enough to set up meeting for me with Stacey Mindich, the producer of Dear Evan Hansen. So I went over to her office and had an awesome chat about the show and what I was working on and social media and social media for Dear Evan Hansen and how they could be tapping into that community. At the end of that amazing meeting, she said, “You know we have this Digital Board if you want to think about being a part of it.” She probably hadn’t even finished the sentence before I was like, “Oh, my god, yes!” It really is for me so funny because it’s so many of the interests that I’ve had in my life for a long time: theater and connection through social media and themes of mental health awareness, and they all converged into one. So I get to play a tiny, tiny little part in the story of this production and that’s really exciting for me.

Q: Can you tell me a bit more about Post It Forward? What is it exactly?

A: Post It Forward is a community hub on Tumblr that was created to give a safe space for conversation sharing around a myriad of issues that fall under what we call mental and emotional well-being. So this can be anything on the spectrum that someone could be dealing with, whether it is bullying or self-harm or eating disorders or LGBT issues. There is a lot happening in young people’s lives and we really just wanted to create a place where people could talk and share and find community and support each other around these issues.

Q: How did it start? What was the impetus for Post It Forward?

A: It’s something that we’ve been thinking about for a few years and I think we’ve been taking small steps toward figuring out how to best help support this community.

For many years, Tumblr as a platform has done a lot to try to help catch people at moments of intervention. We’ve tested out putting PSAs on the site so that if you are searching for a particular term that falls into this spectrum, a PSA pops up that says, “Hey. Is everything OK? How can we help you?” and directs you to helplines such as the Crisis Text Line or to a center where you can actually find the support that you need. But we felt that we could do more. We kept feeling like we shouldn’t only be talking about these issues of mental health in the aftermath of when something really scary has happened, when everybody is saying, “What could have been done?” Rather, we wanted to bring the conversation to the forefront — completely devoid of any tragedy — in the hopes that by talking about these issues and destigmatizing them little by little we can start to break down some of the shame people experience.

In addition, we have a lot of amazing content on Tumblr that is very supportive, including people sharing their personal experiences around mental illness. It is people, on their own, connecting with other people — sometimes in the same state or sometimes a different country — going that extra step of saying, “Hey, I’ve been there. I can help you. Let’s share our stories together.” We also have a lot of amazing resources on Tumblr in regards to nonprofits who are using the platform in a similar way. So part of creating Post It Forward was realizing that there was all this amazing stuff organically happening, and that we needed to gather it into a hub and put it in one place where we could really amplify the voices of our community. So that’s what we built Post It Forward to achieve. To bring together our experts in the community, our amazing users who are already doing this great work, our celebrity partners, who have their own stories to tell and to open it up to say “Hey, this is a safe space to share.” And more importantly, to bring home the idea that by sharing your experience, and what you’ve been through, you might be helping somebody else.

The response has been so positive and so overwhelming. I’ve had the opportunity of meeting many, many of our users who have become Post It Forward superstars and have gone above and beyond to reach out to other people. They create their own original content and come into our office for our mental health seminars and get certified to become Crisis Text Line Ambassadors. They have really just taken this beyond our wildest expectations and it’s so awesome to see them doing that in service of other people who, like them, are maybe just going through a hard time.

Q: What advice would you give to young people who want to become activists in this kind of way — whether it is around this issue or another issue that might be important to them — and how might they be able to use the Internet as a platform to create change?

A: I can’t underestimate enough the power of your own voice and your own story. Whether it is on social media and the Internet or whether it is in the halls of your school. Your story and your perspective — whether you’ve been through a certain experience or whether you just have seen something that you feel you want to speak out on. I’ve seen firsthand the power of sharing your personal story and how that can impact someone. Every voice matters. No one person is too small. Use whatever tools you have at your disposal to make yourself heard. There’s real power in it!
THE POWER OF POSITIVE THINKING

At the beginning of the show, Evan has an assignment: to write an inspirational letter to himself.

“Dear Evan Hansen,
Today is going to be a great day and here’s why …”

Much has been written about the power of positive thinking, the benefits of an optimistic outlook, and the value of self pep talks. Together these techniques can:

- Relieve stress and anxiety
- Reshape attitudes
- Increase self-esteem
- Influence behavior
- Impact goal achievement
- Improve overall health

WRITE: Write an inspirational letter to yourself.

Dear me,
“This is going to be a great [day/week/year] and here’s why …”

What are you most looking forward to? What, if anything, do you hope to achieve? What are the challenges you might face? How will you work to overcome those hurdles?

LITERARY COMPARISONS

OUTSIDERS

Literature, both classic and contemporary, is filled with “outsiders” — characters who, like Evan, feel isolated and struggle to connect. Although each character has his/her own unique backstory and challenges, one can find commonalities between them.

WRITE: Choose an “outsider” from another book you have read or are currently reading. Write a comparative essay showing the similarities and differences between that character and Evan. How do their emotions/choices/journeys parallel one another and where do they diverge? What impact does each have on other characters in their respective stories?

Some suggested character comparisons.

- Laura from The Glass Menagerie by Tennessee Williams
- Holden Caulfield from Catcher in the Rye by J.D. Salinger
- Charlie from The Perks of Being a Wallflower by Stephen Chbosky
- Christopher from The Curious Incident of the Dog in the Night-Time by Mark Haddon
- Oscar from The Brief Wondrous Life of Oscar Wao by Junot Diaz
- Eleanor from Eleanor and Park by Rainbow Rowell
- Aza Holmes in Turtles All the Way Down by John Green
- Greg Gaines from Me and Earl and the Dying Girl by Jesse Andrews

FLAWED HERO/DECEPTION

Evan is a flawed hero. As a class, discuss the characteristics of a flawed hero. How does the presence of a flawed hero serve the overall storytelling of a fictional work? Why is it important for protagonists to have character flaws? How do authors go about creating protagonists who are likable despite their flaws?

Many times, flawed heroes — like Evan — lie to gain status with others and/or a sense of belonging. Sometimes these lies stem from uncorrected misconceptions or omissions of the truth and grow into greater deceptions. This convention appears not only in literature but also many modern-day films.

WRITE: Choose a book/movie you have recently read/seen in which lying/deception is a central theme. Compare it to Dear Evan Hansen. How does the lie begin? What are the character’s motives and what are results?

Some suggested character comparisons.

- Gatsby from The Great Gatsby
- Tom from The Talented Mr. Ripley
- Huck from The Adventures of Huckleberry Finn by Mark Twain
- Olive from Easy A

For Common Core State Standards see page 33.
In *Dear Evan Hansen*, the title character struggles with social interaction and maintaining relationships, isolates himself, and fears being judged by others. Although Evan’s specific problem is not named in the play, these are classic signs of social anxiety disorder, a mental health disorder that affects many young people, usually beginning during the early teen years.

Also in the play, the character Connor Murphy takes his own life. Before his suicide, he is depicted as angry, oppositional, and isolated, which may be seen in young people struggling with depression. Self-harm, suicide attempts, and completed suicide are also strongly linked to adolescent mood disorders such as depression.

**WHAT IS SOCIAL ANXIETY?**

In the teen years, young people start being more aware of what other people think. There are “right” things to wear, or say, or do — and things that teens *shouldn’t* do that could be embarrassing or weird. Some feel so worried about what others are thinking about them that it starts to impact negatively on their everyday lives. This kind of worry is called social anxiety disorder.

Kids with social anxiety disorder aren’t just nervous when they are at parties or giving a speech in class. Even answering a question in class can feel extremely scary; some kids worry they will humiliate themselves simply by eating in the school cafeteria or walking into a room. That’s because kids with social anxiety fear they might do something embarrassing or offensive, and it will make others judge or reject them.

**WHAT IS DEPRESSION?**

A young person with depression experiences persistent, intense feelings of sadness, hopelessness, and irritability that make it hard to function day to day. We don’t know exactly how or why depression develops, but it’s not usually caused by bad things happening.

Depression is called an “internalizing disorder,” which means that it primarily affects a young person’s emotional life rather than their behavior. Because of this, it can take a while for others to recognize it — or for a young person to realize that his/her thinking, and emotional responses, is troubled. Adolescent depression is more common than some people think. According to some statistics, *more than 12 percent of teens ages 15 and 16 struggle with depression*. For teens ages 17 and 18 it jumps to *more than 15 percent.*

**HOW CAN YOU SPOT SOCIAL ANXIETY AND DEPRESSION?**

Young people with social anxiety disorder often think their anxiety is obvious, which can create more anxiety. But, in actuality, other people might not recognize it, because a lot of the symptoms of anxiety are happening under the surface. Panicked thoughts, a racing heart, or an upset stomach aren’t apparent from the outside. For other kids, however, anxiety can produce outward signs such as anger or aggression.

Similarly, since adolescents are often moody, it can be difficult to recognize when someone has become depressed. The first sign people tend to notice is withdrawal from friends, or when someone stops doing things he/she usually likes to do.

**THE STIGMA OF MENTAL HEALTH DISORDERS**

Many people don’t want to believe that young people can have mental health disorders such as depression and anxiety. They say that young people with serious mental health problems are just going through regular growing pains. As we see in *Dear Evan Hansen*, the emotional problems that young people face are very real.

Adolescent psychiatric disorders are common (one in five children and teens struggle with a diagnosable disorder), and have real biological and environmental causes. But the denial of these facts leads struggling teens and their families to feelings of shame and fear of judgment. Millions of children and teens don’t seek treatment because of this stigma, but it is vital to be open and ask for help.

**HOW CAN TEENS GET HELP IF THEY ARE ANXIOUS OR DEPRESSED?**

Teens who think they need help with an emotional or mental health issue might not know how to ask for help. If they are very anxious, it might be embarrassing for them to admit that things that seem easy for other people are very hard for them. If they are depressed, they may worry that others won’t understand and will tell them to “snap out of it” — or that family and friends will be disappointed.

But parents, teachers, and friends can be more sympathetic and less judgmental than teens imagine. First, however, they need to know how a young person is feeling. The sooner a teen asks for help, the sooner they will start feeling better.
The Child Mind Institute is dedicated to helping children reach their full potential in school and in life and is driven to create a brighter future for children through the following three commitments:

- Give children access to the best, most effective treatments
- Advance the science of the developing brain to improve diagnosis
- Provide information that empowers families and communities to get help

The organization does not accept funding from the pharmaceutical industry. All resources are free.

Connect with Child Mind Institute:
facebook.com/ChildMindInstitute
@ChildMindDotOrg
LinkedIn.com/company/Child-Mind-Institute

The anonymous data collected by text is teaching us when crises are most likely to happen — and helping schools and law enforcement to prepare for them.

Text the Crisis Text Line at 741-741.

crisistextline.org
When a young woman texted DoSomething.org with a heartbreaking cry for help, the organization responded by opening a nationwide Crisis Text Line for people in pain. Nearly 29 million text messages later, the organization is using the privacy and power of text messaging to help people handle addiction, suicidal thoughts, eating disorders, sexual abuse, and more. But there’s an even bigger win: community for LGBTQ youth, best practice suicide prevention, educational trainings, resources for youth and adults, and advocacy initiatives.

Connect with The Trevor Project:
facebook.com/TheTrevorProject
@trevorproject

bornthisway.foundation
Led by Lady Gaga and her mother, Cynthia Germanotta, Born This Way Foundation was founded in 2012 to support the wellness of young people and empower them to create a kinder and braver world. To achieve these goals, Born This Way Foundation leverages rigorous academic research and authentic partnerships in order to provide young people with kinder communities, improved mental health resources, and more positive environments — online and offline.

Connect with Born This Way Foundation:
facebook.com/bornthiswayfoundation
@BTWFoundation

DON’T BE AFRAID TO ASK FOR HELP

HOTLINES FOR HELP
If you or someone you know is having thoughts of suicide, don’t wait—

- Tell a trusted adult (parent, teacher, school nurse, coach, pediatrician, etc.)
- Call an anonymous hotline
  The National Suicide Prevention Lifeline at 1-800-273-8255 (TALK)
  The Trevor Lifeline at 1-866-488-7386
  1.800.LIFENET (543-3638)
  Text the Crisis Text Line at 741-741
HERE ARE POTENTIAL WARNING SIGNS ON SOCIAL MEDIA THAT A FRIEND MIGHT BE IN EMOTIONAL DISTRESS AND NEED YOUR HELP, FROM THE JED FOUNDATION (JED), A NONPROFIT THAT EXISTS TO PROTECT EMOTIONAL HEALTH AND PREVENT SUICIDE FOR OUR NATION’S TEENS AND YOUNG ADULTS.

POSSIBLE WARNING SIGNS OF EMOTIONAL DISTRESS

If you see someone posting distressing content on social media, or if they are behaving dramatically differently than usual, it may signal that this person needs help. If you have a gut feeling that something is not right, you should act on it.

Be aware of statuses/posts, messages, photos, videos, links, comments, or hashtags that include the following themes:

- Feeling alone, hopeless, isolated, useless, or a burden to others: “I feel like I’m in a black hole”; “I don’t want to get out of bed...ever”; “Leave me alone”; “I can’t do anything”

- Showing irritability and hostility that is out of character: “I hate everyone”; “F@K the world”

- Showing impulsive behaviors: such as driving recklessly, a significant change in, and especially increase in, substance use, or taking other risks

- Insomnia posts: “3am again and no sleep”

- Withdrawal from everyday activities: “Missed another chem lab — I’m such a waste”; “Another day in bed under the covers”

- Use of negative emoticons: for example, repeatedly using emoticons that suggest someone is feeling down or thinking about using a tool to hurt themselves.

- Use of concerning hashtags: #depressed #lonely #whenimgone #noonecares #suicidal #selfharm #hatemyself #alone #sad #lost #worthless #neverenough #givingup

Currently, when someone searches for a hashtag indicative of self-harm (for example, “#cutting”) on Instagram, a content advisory warning pop-up will appear. People have the option to select “Learn More” before viewing any posts.

- Following activity: On either Facebook’s News Feed, or Instagram’s Following Activity, you can see the accounts and posts people start to follow. If you notice a friend liking or following feeds or posts that promote negative behaviors, even if they aren’t sharing concerning content themselves, that may serve as a warning sign that they are engaging with troubling messages or communities.

- Trust your instincts: If you see someone posting messages, photos, videos, links, comments, or hashtags that suggest the person is in emotional distress, you should reach out and get them the help they may need.
HOW TO HELP A FRIEND IN NEED

If you have a friend who seems to be struggling with an issue that may be more serious than they can handle, there is a lot that you can do to support them.

Reach out — pick up the phone, swing by their place, walk with them to do errands, let them know they are not alone in feeling this way and that it’s OK to ask for help. Be clear and direct, and do not use hints such as liking a post or replying with an emoticon, as these could be misinterpreted by the person you’re trying to help.

Understanding that it can be tough to start this conversation, here are some suggestions on how you can reach out:

– “I’m worried about you because you seem…” (e.g., sad, withdrawn, etc.).
– Have examples ready such as, “It concerned me when you said…” Be specific about what you noticed.
– “Do you want to talk about it?”; “What can I do to help?”
– If they say no, then you might say: “It’s OK if you don’t want to talk to me, but it is important that you talk to someone.”
– Offer to help them connect with support.

NEVER BE AFRAID TO GIVE YOUR FRIEND A CALL, PAY A VISIT, OR SEND THEM A FACEBOOK MESSAGE TO LET THEM KNOW YOU ARE CONCERNED, AND OFFER TO HELP CONNECT THEM WITH ANY EXTRA SUPPORT NEEDED.

WARNING SIGNS THAT SOMEONE MAY NEED URGENT HELP OR MAY BE AT RISK OF SUICIDE

While it can be hard, particularly on social media, to know if someone is exaggerating, being sarcastic or being serious, if someone threatens to take their own life, you should always take them seriously.

Here are some examples of things someone at risk of suicide might post about:

• Suicide or wanting to die: “I want out”; “Everyone would be better off without me”; “No one would care if I were gone”; “There’s no reason to live”
• Intense and urgent emotional despair or intense guilt or shame, feeling trapped: “I can’t take it [the pain] anymore”; “There is no way out”; “I’m done”; “I’m so sorry for all the trouble I’ve caused everyone”
• Rage or seeking revenge: “I’ll show you all”; “She’ll be sorry”
• Saying goodbyes, giving away personal possessions: “I’ll miss you all”; “You won’t have to worry about me anymore”
• Glorifying or glamorizing death, or making death seem heroic: “Death is beautiful”
• Where/how to get potentially lethal means, like access to pills or weapons
HOW TO HELP A FRIEND IN URGENT NEED OR WHO MAY BE AT RISK OF SUICIDE

1. If someone is threatening their own life or someone else’s life, this is an emergency. If you feel comfortable, you should bring your friend to the emergency room. Or you call 911 or campus emergency services immediately. If it’s safe to do so, stay with that person or do what you can to contact them or find someone to stay with them until help arrives.

2. You can use the following free, 24/7 national services any time:
   Crisis Text Line: Text “START” to 741-741 or call the National Suicide Prevention Lifeline 1-800-273-TALK (8255).

REMEMBER TO:
• Listen without judgment, assumptions, or interruptions. Let them know that you believe what they are saying and take them seriously
• Know your limits and do not place yourself in physical danger — the best way to help is to connect your friend to a mental health professional.

NO MATTER WHAT, YOU SHOULDN’T BE EMBARRASSED OR WORRIED ABOUT OFFENDING OR UPSETTING YOUR FRIEND. HELPING YOUR FRIEND MAY TAKE SOME COURAGE, BUT IT IS ALWAYS WORTH THE EFFORT TO SUPPORT THEIR HEALTH AND SAFETY.

BROUGHT TO YOU BY:

jedfoundation.org

FOR MORE INFORMATION ABOUT MENTAL HEALTH AND HOW TO HELP YOURSELF OR A FRIEND, VISIT:

www.jedfoundation.org

This guide, while evidence based, is for informational and educational purposes only and is not intended to constitute medical advice or be a substitute for professional diagnosis and treatment.
RESOURCES FOR TEACHERS & PARENTS

FOR ADDITIONAL READING AND REFERENCES ON SOME OF THE TOPICAL ISSUES RAISED IN DEAR EVAN HANSEN, PLEASE VISIT THE FOLLOWING LINKS:


McGrath, Keenan. “Your Facebook Life Doesn't Fool Me.” scarymommy.com


Steingard, MD, Ron J. “What are the Symptoms of Depression in Teenagers?” Child Mind Institute. Childmind.org


As we expect more from technology, do we expect less from each other? Sherry Turkle studies how our devices and online personas are redefining human connection and communication — and asks us to think deeply about the new kinds of connection we want to have.

ANALYZE CHOICES:
MAKING CHOICES
(PG. 17)
Common Core State Standards
Grades 9-10:
• CCSS.ELA-LITERACY.W.9-10.1
  Write arguments to support claims in an analysis of substantive topics or texts, using valid reasoning and relevant and sufficient evidence.

Grades 11-12:
• CCSS.ELA-LITERACY.W.11-12.1
  Write arguments to support claims in an analysis of substantive topics or texts, using valid reasoning and relevant and sufficient evidence.

WRITE TO INSPIRE: THE POWER OF POSITIVE THINKING
(PG. 26)
Framework for 21st Century Learning: Life and Career Skills
• Set goals with tangible and intangible success criteria
• Set and meet goals, even in the face of obstacles and competing pressure

Framework for 21st Century Learning: Health Literacy
• Understanding preventive physical and mental health measures, including proper diet, nutrition, exercise, risk avoidance, and stress reduction

TAKE ACTION AND BE CREATIVE:
MAKING ART ABOUT ART
(PG. 24)
National Core Arts Standards
• VA:Cr1.2.1a: Shape an artistic investigation of an aspect of present-day life using a contemporary practice of art or design.
• VA:Cr1.2.1b: Choose from a range of materials and methods of traditional and contemporary artistic practices to plan works of art and design.
• MU:Cr2.1.C.1a: Assemble and organize sounds or short musical ideas to create initial expressions of selected experiences, moods, images, or story lines.
• MA:Cr2.1.1: Apply aesthetic criteria in developing, proposing, and refining artistic ideas, plans, prototypes, and production processes for media arts productions, considering original inspirations, goals, and presentation context.

REFLECT ON SOCIAL MEDIA:
THE DIGITAL EFFECT
(PG. 19)
Common Core State Standards
Grades 9-10:
• CCSS.ELA-LITERACY.W.9-10.2
  Write informative/explanatory texts to examine and convey complex ideas, concepts, and information clearly and accurately through the effective selection, organization, and analysis of content.

Grades 11-12:
• CCSS.ELA-LITERACY.W.11-12.2
  Write informative/explanatory texts to examine and convey complex ideas, concepts, and information clearly and accurately through the effective selection, organization, and analysis of content.

COMPARE MUSIC AND LYRICS
(PG. 20)
AND EXAMINE SONGS
(PG. 21)
AND CONSIDER CHARACTER AND MUSIC: MUSIC
(PG. 18)
Common Core State Standards
Grades 9-10:
• CCSS.ELA-LITERACY.W.9-10.9
  Draw evidence from literary or informational texts to support analysis, reflection, and research.
• CCSS.ELA-LITERACY.L.9-10.5
  Demonstrate understanding of figurative language, word relationships, and nuances in word meanings.
• CCSS.ELA-LITERACY.RL.9-10.4
  Determine the meaning of words and phrases as they are used in the text, including figurative and connotative meanings; analyze the cumulative impact of specific word choices on meaning and tone (e.g., how the language evokes a sense of time and place; how it sets a formal or informal tone).

Grades 11-12:
• CCSS.ELA-LITERACY.W.11-12.9
  Draw evidence from literary or informational texts to support analysis, reflection, and research.
• CCSS.ELA-LITERACY.L.11-12.5
  Demonstrate understanding of figurative language, word relationships, and nuances in word meanings.
• CCSS.ELA-LITERACY.RL.11-12.4
  Determine the meaning of words and phrases as they are used in the text, including figurative and connotative meanings; analyze the impact of specific word choices on meaning and tone, including words with multiple meanings or language that is particularly fresh, engaging, or beautiful.

DISCUSS SCENE DIALOGUE
(PG. 22-23)
Common Core State Standards
Grades 9-10:
• CCSS.ELA-LITERACY.RL.9-10.3
  Analyze how complex characters (e.g., those with multiple or conflicting motivations) develop over the course of a text, interact with other characters, and advance the plot or develop the theme.
• CCSS.ELA-LITERACY.RL.9-10.5
  Analyze how an author’s choices concerning how to structure a text, order events within it (e.g., parallel plots), and manipulate time (e.g., pacing, flashbacks) create such effects as mystery, tension, or surprise.

Grades 11-12:
• CCSS.ELA-LITERACY.RL.11-12.3
  Analyze the impact of the author’s choices regarding how to develop and relate elements of a story or drama (e.g., where a story is set, how the action is ordered, how the characters are introduced and developed).
• CCSS.ELA-LITERACY.RL.11-12.5
  Analyze how an author’s choices concerning how to structure specific parts of a text (e.g., the choice of where to begin or end a story, the choice to provide a comedic or tragic resolution) contribute to its overall structure and meaning as well as its aesthetic impact.

WRITE TO INSPIRE:
LITERARY COMPARISONS
(PG. 26)
Common Core State Standards
Grades 9-10:
• CCSS.ELA-LITERACY.W.9-10.1
  Write arguments to support claims in an analysis of substantive topics or texts, using valid reasoning and relevant and sufficient evidence.
• CCSS.ELA-LITERACY.W.9-10.9
  Draw evidence from literary or informational texts to support analysis, reflection, and research.

Grades 11-12:
• CCSS.ELA-LITERACY.W.11-12.1
  Write arguments to support claims in an analysis of substantive topics or texts, using valid reasoning and relevant and sufficient evidence.
• CCSS.ELA-LITERACY.W.11-12.9
  Draw evidence from literary or informational texts to support analysis, reflection, and research.

TAKE ACTION AND BE CREATIVE:
TAKE ACTION
(PG. 24)
Framework for 21st Century Learning: Creativity and Innovation
• Use a wide range of idea creation techniques (such as brainstorming)
• Elaborate, refine, analyze, and evaluate their own ideas in order to improve and maximize creative efforts
• Act on creative ideas to make a tangible and useful contribution to the field in which the innovation will occur
The Dear Evan Hansen Official Study Guide has been compiled by Rachel Weinstein and Caitlin Clements.